

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Mona Gouws

Has successfully participated & completed the

7.5 Km Gosport Training run for Addo

held at Cowhouse Market.

**TIME** 01:14:55

**PACE** 10:42/km

**OVERALL** 7 of 10

**GENDER** 5 of 7

40 - 49 4 of 4

30 August 2020, Sun

Date

